

JANUARY



Kindness Matters!
Complete as many acts
of kindness as you can.
Have fun!



The

JHS KINDNESS Challenge



Acts of Kindness

Smile at 25 people.

Donate a book to local youth in need.

Send a thank you note.

Compliment 5 people.

Give your friend a high five.

Create your own kind deed.



Name / Teacher

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